



# LUNCH & LEARN WORKSHOPS

## Medication Adherence—The Benefits of Multi-Dose Packaging

**Wednesday, March 28, 12-2 pm—Warwick**

**Thursday, March 29, 12-2 pm – Pawtucket**

A representative from White Cross Pharmacy will discuss medication adherence; defined as taking all of your medications properly, as prescribed by your health care provider, at the right time and on the right day.

Learn how multi-dose packaging can help you live more safely and independently at home, thus decreasing reliance on caregivers and help keep you out of the hospital.

**OSCIL Warwick office: 1944 Warwick Avenue (in the Beacon Building)**

**OSCIL Pawtucket office: 175 Main Street**

As part of OSCIL's mission to provide outreach, education and opportunities for peer support, OSCIL offers these **FREE** "Lunch and Learn" workshops highlighting various solutions that can increase access in your home and community.

***Advance Registration is required.***

**Please call 738-1013 for more information and/or if you plan to attend. Pizza will be served. Seating is limited.**

**A Sign Language Interpreter and CART have been secured.**

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United Way's 211 Outreach RV will be at our Warwick location to answer questions about other resources available in Rhode Island.